



CINQ MŌNDES
SPA PARIS

TREATMENT MENU

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GIFT VOUCHERS

Offer your friends and family a unique well-being experience at the Cinq Mondes Spa. Gift vouchers are made out to the recipient, are personalized and allow your guests to choose from our treatment menu according to the time specified on the voucher. The Gift voucher is valid for a treatment done within one year of the purchase date and cannot be used on week-ends and holidays.

CINQ MÔNDES

500000 DA SPA

← salles de soins
vestiaires
piscines - tennis
manucure
solarium
salle de détente

espace lounge →
salle de fitness à deux
salle de gym
saunas



INTRODUCTION

THE SPA EXPERIENCE®

Fascinated by massage, aromatherapy and cosmetics, the founder of CINQ MONDES, Jean-Louis Poiroux, spent over 10 years travelling the globe to find the best treatments and massages from the entire world. Today, CINQ MONDES Spas bring together a selection of the best treatments, massages and traditional formulas, marked by quality, authenticity and ceremony.

CINQ MONDES FORMULATION PHILOSOPHY

These preparations were specially developed for CINQ MONDES professional treatments. They respect strict formulation guidelines:

1. Selection of organic or natural ingredients
2. No parabens nor phenoxyethanol
3. no silicone nor mineral oil
4. No artificial colouring
5. Tested under dermatological control

THE SPA CINQ MONDES, BLISSFUL RITUAL

The Spa Cinq Mondes was opened in December 2005. Opening onto the park and the pool, it offers treatment, steam room, sauna, tropical shower, relaxation room, fitness centre, pools and jacuzzi, in a luxurious environment covering 1,500 m².

The Cinq Mondes environment is built on the benefits deriving from the best massages and traditions of well being to rediscover the balance between mind and body.

From one treatment to another, you will discover a world of beauty rituals: Huile Universelle Ayurvédique blend of plant oils , Baume Fondant aux Noix Tropicales regenerating balm, Pluie de Fleurs beauty lotion, Eau Égyptienne treatment mist... The Spa du Beau-Rivage Palace is an exceptional virtual journey dedicated to your serenity.

HERE IN DETAIL, IS WHAT THE CINQ MONDES SPA AT THE BEAU-RIVAGE PALACE OFFERS YOU:

- Open everyday from 6:30 a.m. to 10:00 p.m.
- Six treatment rooms for one or two people
- Two 30 m² treatment rooms “Suites Pluie de Fleurs” with Japanese bath
- One 60 m² “Suite de Félicité à Deux” suite with Japanese bath, private turkish bath and garden
- Changing/cloakrooms, with a Turkish bath, Sauna and the Tropical Rain Promenade
- Gym of 80 m² with views out over the lake and gardens
- Indoor pool (15 m)
- Outdoor pool (20 m)
- Children’s playground
- 2 Tennis Courts
- The “Ô Terrasse”, a restaurant proposing a variety of well-balanced dishes and healthy cocktails, in an astonishing setting with breathtaking views of the lake (open from May to September)



CINQ MONDES RITUAL SOJOURNS

“TAOÏST RITUAL FROM CHINA” SOJOURN

ALLOW YOUR BODY, SPIRIT AND MIND TO RETURN TO THEIR NATURAL SOURCE AND BE FULLY REGENERATED WITH THE HELP OF THE TAOÏST RITUAL.

treatments over 2 days

- 1 Aromas and Flowers Japanese Bath, 20 min
- 1 Aromatic Scrub with Spices, 20 min
- 1 Taoïst Massage, 50 min
- 1 “Jeunesse et Eclat Taoïste” Face Care-Massage, 80 min
- 1 Plantar Reflexology, 20 min

“SPA EXPERIENCE RITUAL®” SOJOURN

DISCOVER THE FINEST TREATMENTS AND MESSAGES COLLECTED AND COMBINED FROM AROUND THE WORLD TO CREATE A UNIQUE AND RELAXING SENSE OF OVERALL WELL-BEING.

treatments over 2 days

- 1 Aromas and Flowers Japanese Bath, 20 min
- 1 Aromatic Scrub with Spices, 20 min
- 1 Ayurvedic Massage, 50 min
- 1 “Rituel Fleurs de Bali®” Face Care-Massage, 20 min
- 1 Balinese Massage, 50 min

“BLISS FOR TWO RITUAL®” SOJOURN

SHARE WITH YOUR PARTNER A MEMORABLE EXPERIENCE OF WELL-BEING AND RELAXATION IN THE VIP SUITE “FELICITÉ À DEUX”.

treatments over 2 days (for 2 people)

- 1 Aromas and Colours Hammam, 20 min
- 1 Aromatic Scrub with Spices, 20 min
- 1 Ayurvedic Massage, 50 min
- 1 Aromas and Flowers Japanese Bath (in a double bath), 20 min
- 1 Taoïst Massage or 1 “Jeunesse et Eclat Taoïste” Face Care-Massage, 80 min

“RITUAL FROM SIAM” SOJOURN

EXPERIENCE THE TRADITIONAL TECHNIQUES AND INGREDIENTS OF BALI AND THE KINGDOM OF SIAM TO RELAX AND DISCOVER THE HARMONY OF THE BODY AND SPIRIT.

treatments over 3 days

- 2 Aromas and Flowers Japanese Baths, 20 min
- 1 “Purée de Papaye” Radiance Scrub, 20 min
- 1 Balinese Massage, 50 min
- 1 Thai Massage, 80 min
- 1 Regenerating Wrap, 20 min
- 1 “Rituel Fleurs de Bali®” Face Care-Massage, 20 min
- 1 Scalp and Face Massage, 20 min

“KO BI DO RITUAL®” SOJOURN

RITUAL COMBINING A JAPANESE GESTURE AS WELL AS CHINESE PHARMACOPOEIA BY HARMONIZING A SENSE OF YOUTHFULNESS TO YOUR FACE AND SPIRIT.

treatments over 2 days

- 1 Aromas and Flowers Japanese Bath, 20 min
- 1 Youthfulness Ko Bi Do Precious Face Ritual, 80 min
- 1 Plantar reflexology, 20 min
- 1 Shiatsu massage, 50min

“MOTHER AND DAUGHTER RITUAL” SOJOURN

EXPERIENCE A UNIQUE MOMENT TOGETHER TO BRING A HARMONIOUS SENSE OF VITALITY AND WELL-BEING.

treatments over 3 days (for 2 people)

- 1 Aromas and Colours Hammam, 20 min
- 1 Aromatic Scrub with Spices, 20 min
- 1 Ayurvedic Massage or 1 Taoïst Massage, 50 min
- 1 “Jeunesse et Eclat Taoïste” Face Care-Massage or 1 Youthfulness Ko Bi Do Face Ritual, 80 min
- 1 Relaxing Hand or Foot Care with Spices, 35 min
- 1 Aromas and Flowers Japanese Bath, 20 min
- 1 Balinese Massage, 50 min

“SLIMMING AND FIRING RITUALS” SOJOURN

DISCOVER THE TECHNIQUES INSPIRED BY THE INDIAN AND BRAZILIAN SLIMMING TRADITIONS, TO REFINE APPARENTLY YOUR SILHOUETTE.

treatments over 4 days

- 1 Aromas and Flowers Japanese Bath, 20 min
- 1 Aromatic Scrub with Spices, 20 min
- 4 Slimming Massages with “Crème de Café®”, 20 min
- 3 Firming Wraps with Ocher Clay and Seaweed, 20 min
- 1 Scalp and Face Massage, 20 min
- 1 Aromas and Colours Hammam, 20 min
- 1 “Jeunesse et Eclat Taoïste” Face Care-Massage or 1 Youthfulness Ko Bi Do Face Ritual, 50 min

“RITUALS FROM THE WORLD®” SOJOURN

DISCOVER THE ULTIMATE PAMPERING EXPERIENCE AND TOTAL SENSATION OF WELL-BEING INSPIRED BY ANCESTRAL TRADITIONS, BROUGHT TOGETHER BY CINQ MONDES SPA.

treatments over 5 days

- 2 Aromas and Colours Hammams, 20 min
- 1 Wrap with “Crème de Rassoul®”, 20 min
- 1 Relaxing Back Massage, 20 min
- 1 Taoïst Massage or 1 “Jeunesse et Eclat Taoïste” Face Care-Massage, 80 min
- 1 Plantar Reflexology, 20 min
- 2 Aromas and Flowers Japanese Baths, 20 min
- 1 Youthfulness Ko Bi Do Precious Face Ritual, 80 min
- 1 Ayurvedic Massage, 80 min
- 1 “Purée de Papaye” Radiance Scrub, 20 min
- 1 Balinese Massage or 1 Shiatsu massage, 50 min



TREATMENT RITUALS® AND WELL-BEING AT THE SPA

- 1h50 **ROYAL RITUAL FROM SIAM®**
Aromas and Flowers Japanese Bath, 20 min
"Purée de Papaye®" Radiance Scrub, 20 min
Balinese Massage, 50 min
- 1h50 **REVIVIFYING TROPICAL RITUAL**
Aromas and Flowers Japanese Bath, 20 min
Aromatic Scrub with Spices, 20 min
"Jeunesse et Eclat Taoïste" Face Care-Massage, 50 min
- 1h50 **NORTH AFRICAN RITUAL®**
Scrub with "Savon Noir Beldj®" (black soap), 20 min
Wrap with "Crème de Rassoul®", 20 min
Traditional Oriental Massage, 50 min
- 1h50 **BLISS RITUAL FOR TWO® (for 2 people)**
Aromas and Colours Hammam, 20 min
Aromatic Scrub with Spices, 20 min
Ayurvedic Massage or Taoïst Massage, 50 min

2h20

TRADITIONAL HAMMAM RITUAL®

Aromas and Colours Hammam, 20 min
Scrub with “Savon Noir Beldi®” (black soap), 20 min
Wrap with “Crème de Rassoul®”, 20 min
Traditional Oriental Massage, 50 min

3h

ROYAL TAOIST RITUAL®

Aromas and Flowers Japanese Bath, 20 min
Aromatic Scrub with Spices, 20 min
Taoist Massage, 50 min
“Jeunesse et Eclat Taoïste” Face Care-Massage, 50 min

3h20

CELESTIAL DAY

Aromas and Flowers Japanese Bath
or Aromas and Colours Hammam, 20 min
Aromatic Scrub with Spices, 20 min
Ayurvedic Massage, 50 min
“Jeunesse et Eclat Taoïste” Face Care-Massage, 50 min
Plantar Reflexology, 20 min

4h30

WELL-BEING AND BEAUTY DAY in the VIP Suite

Aromas and Colours Hammam, 20 min
Aromatic Scrub with Spices, 20 min
Aromas and Flowers Japanese Bath®, 20 min
Plantar Reflexology, 20 min
Relaxing Massage*, 50 min
Hand Beauty, 35 min
Face Care-Massage*, 80 min

**Relaxing Massage and Face Care-Massage will be defined and personalized with a therapist just before beginning the Well-Being Ritual.*

EXCEPTIONAL TREATMENTS®

3h

JUBILEE MASSAGE TREATMENT (Exclusive to the Beau-Rivage Palace)

Welcome Ceremony, 20 min
Aromatic Scrub with Spices, 30 min
Jubilee Massage, 80 min
Relaxing Ceremony, 30 min

3h

ROYAL SIRODHARA TREATMENT®

Welcome Ceremony, 20 min
Royal Sirodhara Treatment, 1h40
Siro Abhyanga Head Massage, 20 min
Relaxing Ceremony, 30 min

3h

TAOISTE RITUAL FROM CHINA®

Welcome Ceremony, 20 min
Taoist Massage, 1h15
“Jeunesse et Eclat Taoïste” Face Care-Massage, 45 min
Relaxing Ceremony, 30 min

3h

MAJOR AYURVEDIC RITUAL®

Welcome Ceremony, 20 min
Exceptional Scrub and Gentle Exfoliation of the Face, 45 min
Ayurvedic Massage, 1h15
Relaxing Ceremony, 30 min

3h

TRADITIONAL RITUAL FROM JAPAN®

Welcome Ceremony, 20 min
Body Scrub and Regenerating Balm Application, 40 min
Ko Bi Do Youthfulness Face Care-Massage, 80 min
Relaxing Ceremony, 30 min



BATH RITUALS® AND BODY TREATMENTS

PREPARATORY TREATMENTS ARE PERFECT BEFORE A MASSAGE OR A FACE CARE-MASSAGE, ALLOWING TOTAL RELAXATION OF THE BODY AND MIND.

20 min

AROMAS AND FLOWERS JAPANESE BATH®

Inspired by the O Furo tradition, experience total relaxation in a bath of flowers thanks to the combined benefits of essential oils and colours.

20 min

AROMATIC SCRUB WITH SPICES

Originally from the Island of Java, a body scrub based on spices and sea salts. Nurtures the skin by eliminating dead skin cells and energizing the body by enhancing its radiance.

20 min

"PURÉE DE PAPAYE®" RADIANCE SCRUB

Body scrub following a Ritual from Siam using "Purée de Papaye®". A treatment which refines the texture and creates a healthy glow to the skin.

20 min

REGENERATING BODY WRAP

Body wrap using a balm composed of refreshing, soothing and regenerating plant oils. It is a perfect moisturiser which could be done in summer and winter to make your skin supple.

TREATMENT RITUALS® – FACE

ALL CINQ MONDES FACE CARE-MASSAGES INCLUDE CLARIFYING AND PERSONALIZED SKIN HYDRATION. EXPERIENCE A UNIQUE COMBINATION OF BEAUTY AND RELAXATION.

20 min

“RITUEL FLEURS DE BALI®”, RADIANCE FACE CARE-MASSAGE

The “Pureté et Eclat” facial associates a massage of the face, the neck and the scalp as done in the Balinese Ritual enhancing the cleansing, well being and beauty of the skin.

50 min

“JEUNESSE ET ECLAT TAOÏSTE”, FACE CARE-MASSAGE

Complete facial for a deep-tissue cleaning followed by a relaxing Taoïst face-care massage to enhance the relaxation of the features. A mask adapted to your needs is proposed in order to intensify the natural beauty of the skin.

80 min

“JEUNESSE ET ECLAT TAOÏSTE”, FACE CARE-MASSAGE

Complete facial for a deep-tissue cleaning followed by a relaxing Taoïst face care massage to enhance the relaxation of the features. A mask adapted to your needs is proposed in order to intensify the natural beauty of the skin.
An age-defying and toning facial gym is proposed as well as a draining and decongestion of the eye area and a massage of the reflex areas of the feet.

50 min

KO BI DO YOUTHFULNESS FACE CARE-MASSAGE®

Anti-age and plumping facial using the ancestral Japanese Ko Bi Do method, a genuine and natural face lift to smooth the features and tone the neckline.

80 min

KO BI DO YOUTHFULNESS FACE CARE-MASSAGE®

Anti-age and plumping facial using the ancestral Japanese Ko Bi Do method, a genuine and natural face lift to smooth the features and tone the neckline.
An age-defying and toning facial gym is proposed as well as a draining and decongestion of the eye area and a massage of the reflex areas of the feet.

new

80 min

KO BI DO YOUTHFULNESS PRECIOUS FACE CARE-MASSAGE®

A global anti-age ritual visibly working on the wrinkles, enhancing the brightness and firming the face, targeting the eye and lip contour as well as the décolleté and the arms. A genuine and natural face lift due to the ancestral Japanese Ko Bi Do method.

MASSAGE RITUALS®

DISCOVER THE BENEFITS OF THE BEST TREATMENTS AND MASSAGES FROM THE ENTIRE WORLD TO RECOVER THE HARMONY OF THE BODY AND SPIRIT.

20 / 50 min

PLANTAR REFLEXOLOGY

A massage of the acupressure points of the feet bringing total relaxation in 20 minutes.

A massage of the acupressure points of the feet to restore the balance points of the body in 50 minutes.

20 min

SCALP AND FACE MASSAGE

Massage of the reflex areas on the face and head, following the Japanese AMMA technique, to provide relaxation and vitality.

20 min

RELAXING BACK MASSAGE

Massage focusing on the back, nape and trapezius muscles, releasing accumulated tension, for total relaxation.

20 min

RELAXING LEG MASSAGE

Following an Ayurvedic tradition to recover lightness and vitality. A toning and draining massage, acting on the leg muscles and encouraging blood circulation.

50 min

BALINESE MASSAGE

Massage with “Baume Fondant aux Noix Tropicales®” very relaxing Ritual from Bali which combines gentle Thai pulling and traditional smoothing movements.

50 min

TRADITIONAL ORIENTAL MASSAGE

Traditional relaxing massage from North Africa using hot oil.

50 / 80 min

AYURVEDIC MASSAGE

A thousand-year-old Indian Ritual that defines the tension areas in order to recover energy and vitality including a toning and muscular massage with hot sesame oil.

50 / 80 min

TAOÏST MASSAGE

Chinese Ritual that harmonizes the body and spirit and works on anti-stress acupressure points using a hot-oil massage.

50 min

SHIATSU MASSAGE clothed without oil

Japanese massage which literally means “finger pressure” encourages the circulation of all the energy in the body to restore balance and vitality.

80 min

THAI MASSAGE clothed without oil

Traditional Thai massage that rebalances the body and spirit while working on the body’s overall suppleness through positions similar to those used in yoga. Revitalizing, energizing and stress-releasing.

50 min

HANDS AND FEET IMPERIAL CARE-MASSAGE®

Massage of the reflex zones of the hands, the feet, the neck and the trapeze back area for total and intense relaxation. Revitalizing and energizing from the head to the feet.



TREATMENT RITUALS® – HANDS AND FEET

50 min **ANGEL HANDS CARE-MASSAGE®**
Total relaxation treatment for the hands (scrub, nourishing mask and massage)
as well as a manicure **(without nail polish application)** to enhance the softness of the skin.

80 min **ANGEL HANDS CARE-MASSAGE®**
Total relaxation treatment for the hands (scrub, nourishing mask and massage)
as well as a manicure **(with nail polish application or French manicure)**
to enhance the softness of the skin.

50 min **LIGHT FEET CARE-MASSAGE®**
Total relaxation treatment for the feet (scrub, nourishing mask and massage)
as well as a pedicure **(without nail polish application)** to enhance the comfort and
the softness of the skin.

80 min **LIGHT FEET CARE-MASSAGE®**
Total relaxation treatment for the feet (scrub, nourishing mask and massage)
as well as a pedicure **(with nail polish application or French manicure)**
to enhance the comfort and the softness of the skin.

35 min **RELAXING HAND OR FOOT CARE WITH SPICES**
Relaxation of the hands or feet using a treatment and a massage
that combine a scrub and a nourishing mask to beautify the skin.

50 min **MANICURE**

50 min **PEDICURE**

20 min **NAIL POLISH APPLICATION**

TREATMENT RITUALS® – SLIMMING AND FIRING

50 min

“CRÈME DE CAFÉ®” BRAZILIAN RITUAL

Following a brazilian ritual, a slimming treatment with our «Crème de Café» which combines caffeine, well-known as the most powerful slimming ingredient, and a sculpting body massage completed with a draining and toning wrap with clay.

50 min

“CRÈME MINCEUR UDVARTANA®” AYURVEDIC RITUAL

Indian millenary slimming treatment that drains and has anti-cellulite effects on the legs, the abdomen and the arms. It is preceded by a heated wrap to detoxify the skin and optimize slimming performance of the ginger and Lipocare®, patented active.

EPILATIONS

EPILATION DONE BY USING THE CLASSIC WARM WAX METHOD AND COMPLETED BY MOISTURISING THE SKIN.

10 min

EYEBROWS OR LIPS

20 min

EYEBROWS DESIGN OR USING TWEEZERS

35 min

FACE

20 min

HALF ARMS

35 min

FULL ARMS

20 min

CHEST, ABDOMEN

35 min

BACK & SHOULDERS

20 min

BIKINI OR UNDERARMS

35 min

FULL BIKINI

20 min

HALF LEGS

35 min

FULL LEGS

35 min

HALF LEGS & BIKINI OR UNDERARMS

50 min

FULL LEGS & BIKINI OR UNDERARMS

50 min

HALF LEGS, BIKINI & UNDERARMS

80 min

FULL LEGS, BIKINI & UNDERARMS



TINTING

20 min

EYELASH TINTING

15 min

EYEBROW TINTING

35 min

EYELASH AND EYEBROW TINTING

MAKE-UP AND HAIR

ON REQUEST

SUBSCRIPTIONS

SUBSCRIPTION FOR 5 BODY TREATMENTS

5x50 min body massage rituals of your choice

SUBSCRIPTION FOR 5 FACE CARE TREATMENTS

5x50 min face care-massage rituals of your choice

SUBSCRIPTION FOR 10 TREATMENTS

10x50 min treatments of your choice

SLIMMING AND FIRMING SUBSCRIPTION

1 personalized diagnostic, 10 treatments of 50 min and 2 body scrubs of your choice for a deeper action of the actives.

Our consultants will welcome you at the Spa's reception desk and provide you with all the information you need.

FITNESS AND LIFESTYLE

Chf 60.-

EXTRA CHARGE FOR THE SPA ENTRANCE

(for clients that are not guests of the hotel)

This extra charge is only valid with a mandatory treatment's reservation with a minimum value of CHF 150.- and upon availability. It gives access to the pools, the jacuzzi and the gym.

per hour

PERSONAL TRAINING

11 sessions

COACHING

per hour

TENNIS COACHING

on request

YOGA

SOLARIUM

OPENING HOURS

The spa opens its doors between 6:30 a.m. and 10:00 p.m., 7 days a week. Treatments may be reserved between 9:00 a.m. and 8:00 p.m. 7 days a week. Our professional and skilled staff is at guests disposal for reservations at +41 21 613 33 67.

CHANGING ROOMS

Each guest has the possibility to use the individual locker rooms with the necessary accessories and linen provided. The lockers are emptied every evening for the hygiene and security of all guests. The management is not responsible for any valuable items left in locker rooms or in the different spa areas. The reception team may assist individuals to a safety box for any valuable items.

SECURITY AND HYGIENE

For each individuals well being, strict rules apply for security and hygiene which should be followed.

- The management may not be held responsible for the loss or theft of objects on the Spa premises.
- The management declines responsibility in case of accidents in the spa zones as well as the swimming pool which is not under surveillance.
- It is prohibited to run in the Spa and to dive or jump in the swimming pools.
- It is not recommended to stay in the sauna and hammam for a longer period than indicated at the entrance of each zone.
- Any glassware or food items are strictly prohibited around the swimming pool, spa zones, locker rooms and treatment areas.
- It is prohibited to smoke inside the Spa.
- All individuals should be advised by their doctor whether certain exercises or treatments are admitted.
- All individuals are requested to wear the appropriate shoe cover once entering the locker area.
- Mobile phones are strictly prohibited in the Spa.
- Pets are not allowed in the Spa.
- Access to the swimming pool is only admitted with the proper and descent swimwear.

TREATMENTS

Reservations for treatments may be taken only during opening hours. All individuals having reserved a treatment are requested to arrive 30 minutes before the treatment begins in order to allow time to change and benefit of the hamman and sauna facilities. Individuals arriving late for treatments will only receive the remainder time of the treatment reserved. Guest will be charged for any appointments cancelled with less than 24 hour's notice. Our massages are treatments of relaxation and well-being, and are not therapeutic nor medical.



BEAU-RIVAGE PALACE

LAUSANNE SWITZERLAND

CINQ MONDES SPA CH-1000 LAUSANNE 6
TÉL. +41 21 613 33 67 FAX +41 21 613 33 34 CINQMONDES@BRP.CH WWW.BRP.CH



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CINQ M̄ONDES
SPA PARIS

TARIFS 2010 / RATES 2010

SÉJOURS RITUELS p. 7-11

CHF 480.-	Séjour Rituels Ko Bi Do®
CHF 540.-	Séjour Rituels «Expérience du Spa®»
CHF 580.-	Séjour Rituels Taoïstes de Chine
CHF 560.-	Séjour Rituels de Félicité à Deux®
CHF 750.-	Séjour Rituels du Royaume du Siam
CHF 790.-	Séjour «Rituels de Complicité Mère et Fille»
CHF 940.-	Séjour Rituels de Minceur
CHF 1310.-	Séjour Rituels de Beauté du Monde®

RITUELS DE BIEN-ÊTRE ET SOINS® DU SPA p. 13-14

CHF 290.-	Rituel Royal du Siam®
CHF 290.-	Rituel Tropical Revivifiant
CHF 290.-	Rituel du Maghreb®
CHF 290.- / par pers.	Rituel de Félicité à Deux®
CHF 360.-	Rituel du Hammam® – Traditionnel
CHF 430.-	Rituel Royal Taoïste®
CHF 500.-	Journée Céleste
CHF 750.-	Journée Sérénissime dans la suite VIP

SOINS D'EXCEPTION p. 15

CHF 600.- / 1200.-	Soin Massage Jubilé (pour 1 ou 2 personnes)
CHF 600.- / 1200.-	Soin Royal Sirodhara® (pour 1 ou 2 personnes)
CHF 600.- / 1200.-	Rituel Taoïste de Chine® (pour 1 ou 2 personnes)
CHF 600.- / 1200.-	Rituel Ayurvédique Majeur® (pour 1 ou 2 personnes)
CHF 600.- / 1200.-	Rituel Traditionnel du Japon® (pour 1 ou 2 personnes)

RITUALS SOJOURNS p. 7-11

CHF 480.-	«Ko Bi Do Ritual®» Sojourn
CHF 540.-	“Spa Experience Ritual®” Sojourn
CHF 580.-	“Taoist Ritual from China” Sojourn
CHF 560.-	“Bliss for Two Ritual®” Sojourn
CHF 750.-	“Ritual from Siam” Sojourn
CHF 790.-	“Mother and Daughter Ritual” Sojourn
CHF 940.-	“Slimming and Firming Rituals” Sojourn
CHF 1310.-	“Rituals from the World®” Sojourn

TREATMENT RITUALS AND WELL-BEING AT THE SPA p. 13-14

CHF 290.-	Royal Ritual from Siam®
CHF 290.-	Revivifying Tropical Ritual
CHF 290.-	North African Ritual®
CHF 290.- / per pers.	Bliss Ritual for two®
CHF 360.-	Traditional Hammam Ritual®
CHF 430.-	Royal Taoïst Ritual®
CHF 500.-	Celestial Day
CHF 750.-	Well-Being and Beauty Day dans la suite VIP

EXCEPTIONAL TREATMENTS p. 15

CHF 600.- / 1200.-	Jubilee Massage Treatment (1 or 2 people)
CHF 600.- / 1200.-	Royal Sirodhara Treatment® (1 or 2 people)
CHF 600.- / 1200.-	Taoïst Ritual from China® (1 or 2 people)
CHF 600.- / 1200.-	Major Ayurvedic Ritual® (1 or 2 people)
CHF 600.- / 1200.-	Traditional Ritual from Japan® (1 or 2 people)

RITUELS DU BAIN® ET SOINS DU CORPS p. 17

CHF 85.-	Bain Japonais d'Arômes et de Fleurs
CHF 85.-	Gommage Aromatique aux Epices
CHF 85.-	Gommage Eclat «Purée de Papaye»
CHF 85.-	Enveloppement Régénérant

RITUELS DE SOINS® – VISAGE p. 18-19

CHF 85.-	Soin-Massage du Visage «Rituel Fleurs de Bali®» 20 min
CHF 150.-	Soin-Massage du Visage «Jeunesse et Eclat Taoïste» 50 min
CHF 215.-	Soin-Massage du Visage «Jeunesse et Eclat Taoïste» 80 min
CHF 150.-	Soin-Massage Jeunesse du Visage Ko Bi Do® 50 min
CHF 215.-	Soin-Massage Jeunesse du Visage Ko Bi Do® 80 min
CHF 215.-	Soin-Massage Jeunesse du Visage Précieux Ko Bi Do®

BATH RITUALS® AND BODY TREATMENTS p. 17

CHF 85.-	Aromas and Flowers Japanese Bath
CHF 85.-	Aromatic Scrub with Spices
CHF 85.-	“Purée de Papaye”, Radiance Scrub
CHF 85.-	Regenerating Body Wrap

TREATMENT RITUALS® – FACE p. 18-19

CHF 85.-	“Rituel Fleurs de Bali®”, Radiance Face Care-Massage 20 min
CHF 150.-	“Jeunesse et Eclat Taoïste”, Face Care-Massage 50 min
CHF 215.-	“Jeunesse et Eclat Taoïste”, Face Care-Massage 80 min
CHF 150.-	Ko Bi Do Youthfulness Face Care-Massage® 50 min
CHF 215.-	Ko Bi Do Youthfulness Face Care-Massage® 80 min
CHF 215.-	Ko Bi Do Youthfulness Precious Face Care-Massage®

RITUELS DE MASSAGE® p. 20-21

CHF 85.- / 165.-	Réflexologie Plantaire, 20 min / 50 min
CHF 85.-	Massage Cuir Chevelu et Visage
CHF 85.-	Massage Délassant du Dos
CHF 85.-	Massage Délassant des Jambes
CHF 165.-	Massage Balinais
CHF 165.-	Massage Oriental Traditionnel
CHF 165.- / 220.-	Massage Ayurvédique, 50 min / 80 min
CHF 165.- / 220.-	Massage Taoïste, 50 min / 80 min
CHF 165.-	Massage Shiatsu, 50 min
CHF 220.-	Massage Thaï, 80 min
CHF 165.-	Soin-Massage Impérial Mains et Pieds® 50 min

BEAUTÉ DES MAINS ET BEAUTÉ DES PIEDS® p. 24-25

CHF 40.-	Pose de Vernis
CHF 90.-	Manucure Simple
CHF 90.-	Pédicure Simple
CHF 60.-	Soin des Mains ou des Pieds aux Epices
CHF 140.-	Soin-Massage Mains d'Ange® (CHF 180.- avec pose de vernis ou French manucure)
CHF 140.-	Soin-Massage Pieds Légers® (CHF 180.- avec pose de vernis ou French pédicure)

MASSAGE RITUALS® p. 20-21

CHF 85.- / 165.-	Plantar Reflexology, 20 min / 50 min
CHF 85.-	Scalp and Face Massage
CHF 85.-	Relaxing Back Massage
CHF 85.-	Relaxing Leg Massage
CHF 165.-	Balinese Massage
CHF 165.-	Traditional Oriental Massage
CHF 165.- / 220.-	Ayurvedic Massage, 50 min / 80 min
CHF 165.- / 220.-	Taoist Massage, 50 min / 80 min
CHF 165.-	Shiatsu Massage, 50 min
CHF 220.-	Thai Massage, 80 min
CHF 165.-	Hands and Feet Imperial Care-Massage® 50 min

TREATMENT RITUALS® HANDS AND FEET p. 24-25

CHF 40.-	Nail Polish Application
CHF 90.-	Manicure
CHF 90.-	Pedicure
CHF 60.-	Relaxing Hand or Foot Care with Spices
CHF 140.-	Light Feet Care-Massage® (CHF 180.- with nail polish application or French pedicure)
CHF 140.-	Angel Hands Care-Massage® (CHF 180.- with nail polish application or French manicure)

RITUELS DE SOIN® – MINCEUR ET FERMETÉ p. 26

CHF 165.-	Rituel Brésilien «Crème de Café®»
CHF 165.-	Rituel Ayurvédique «Crème Minceur Udvartana®»

ÉPILATIONS p. 27

CHF 35.-	Sourcils ou Lèvres, 10 min
CHF 40.-	Design Sourcils ou Epilation à la pince, 20 min
CHF 90.-	Visage, 35 min
CHF 20.-	Avant-bras, 20 min
CHF 60.-	Bras entier, 35 min
CHF 60.-	Torse, Ventre, 20 min
CHF 80.-	Dos & Epaulés, 35 min
CHF 50.-	Bikini ou Aisselles, 20 min
CHF 80.-	Bikini Entier ou Echancré, 35 min
CHF 80.-	Demi-Jambes, 20 min
CHF 120.-	Jambes Complètes, 45 min
CHF 110.-	Demi-Jambes & Bikini ou Aisselles, 35 min
CHF 160.-	Jambes Complètes & Bikini ou Aisselles, 50 min
CHF 160.-	Demi-Jambes, Bikini & Aisselles, 50 min
CHF 190.-	Jambes Complètes, Bikini & Aisselles, 80 min

TREATMENT RITUALS® – SLIMMING AND FIRING p. 26

CHF 165.-	“Crème de Café®” Brazilian Ritual
CHF 165.-	“Crème Minceur Udvartana®” Ayurvedic Ritual

EPILATIONS p. 27

CHF 35.-	Eyebrows or Lips, 10 min
CHF 40.-	Eyebrows Design or Using Tweezers, 20 min
CHF 90.-	Face, 30 min
CHF 20.-	Half Arms, 20 min
CHF 60.-	Full Arms, 35 min
CHF 60.-	Chest, Abdomen, 20 min
CHF 80.-	Back & Shoulders, 35 min
CHF 50.-	Bikini or Underarms, 20 min
CHF 80.-	Full Bikini, 35 min
CHF 80.-	Half Legs, 20 min
CHF 120.-	Full Legs, 35 min
CHF 110.-	Half Legs & Bikini or Underarms, 35 min
CHF 160.-	Full Legs & Bikini or Underarms, 50 min
CHF 160.-	Half Legs, Bikini & Underarms, 50 min
CHF 190.-	Full Legs, Bikini & Underarms, 80 min

TEINTURES p. 29

CHF 30.-	Teinture des Sourcils
CHF 40.-	Teinture des Cils
CHF 55.-	Teinture des Cils et des Sourcils

MAQUILLAGE ET COIFFURE p. 29

Possibilité sur demande

ABONNEMENTS p. 30

CHF 750.-	Abonnement de 5 soins Corps
CHF 700.-	Abonnement de 5 soins Visage
CHF 1400.-	Abonnement de 10 soins
CHF 1500.-	Abonnement Soins Minceur et Fermeté (10 soins de 50 min, 2 gommages au choix et 1 diagnostic personnalisé)

Bénéficiez de 50% de réduction sur l'entrée Spa, hors vacances scolaires et jours fériés

LOISIRS ET ACTIVITÉS SPORTIVES p. 31

CHF 1.- par minute	Solarium
CHF 60.- (en supplément)	Supplément Entrée Spa (<i>pour clientèle non-résidente à l'hôtel</i>) Supplément disponible avec réservation obligatoire d'un soin du corps ou du visage d'un montant minimum de Chf 150.- et sous réserve de disponibilité, accès aux piscines, jacuzzi et salle de fitness.
CHF 100.-	Leçons de Tennis (1h)
CHF 150.-	Coach Personnel (1h/par pers.)
CHF 1500.-	Abonnements Coaching (11 séances)
Sur demande	Yoga

TINTING p. 29

CHF 30.-	Eyebrow Tinting
CHF 40.-	Eyelash Tinting
CHF 55.-	Eyelash & Eyebrow Tinting

MAKE-UP AND HAIR p. 29

On request

SUBSCRIPTIONS p. 30

CHF 750.-	Subscription for 5 Body Treatments
CHF 700.-	Subscription for 5 Face Care Treatments
CHF 1400.-	Subscription for 10 Treatments
CHF 1500.-	Slimming and Firming Subscription (1 personalized diagnostic, 10 treatments of 50 min and 2 body scrubs)

Get 50% off the Spa access, except during school vacations and bank holidays

FITNESS AND LIFESTYLE p. 31

CHF 1.- per minute	Solarium
CHF 60.- (in supplement)	Extra charge for the Spa entrance (<i>for clients that are not guests of the hotel</i>) This extra charge is only valid with a mandatory treatment's reservation with a minimum value of CHF 150.- and upon availability. It gives access to the pools, the jacuzzi and the gym.
CHF 100.-	Tennis Coaching (per hour)
CHF 150.-	Personal Training (1h/per pers.)
CHF 1500.-	Coaching (11 sessions)
On request	Yoga

Nos conseillers vous accueilleront à la réception du Spa
et vous fourniront toutes les informations dont vous aurez besoin.
Les tarifs (CHF) sont susceptibles d'être modifiés sans préavis.
Service et TVA compris.

**Our consultants will welcome you at the Spa's reception desk
and provide you with all the information you need.
Rates in Swiss Francs (CHF) are subject to change without prior notice.
Service and VAT included.**

BEAU-RIVAGE PALACE CH-1000 LAUSANNE 6
TÉL. +41 21 613 33 67 FAX +41 21 613 33 34 CINQMONDES@BRP.CH WWW.BRP.CH



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